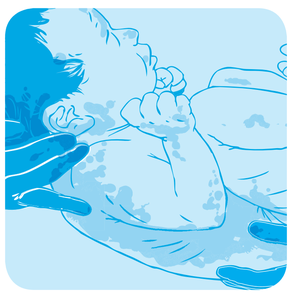
EUROPEAN RESUSCITATION COUNCIL



Newborn Life Support

AT ALL STAGES ASK: DO YOU NEED HELP?

Birth

Dry the baby
Remove any wet towels and cover
Start the clock or note the time

30 sec

Assess (tone),
breathing and heart rate

If gasping or not breathing
Open the airway
Give 5 inflation breaths
Consider SpO_2 monitoring

60 sec

Re-assess
If no increase in heart rate
Look for chest movement

If chest not moving
Recheck head position
Consider two-person airway control
or other airway manoeuvres
Repeat inflation breaths
Consider SpO_2 monitoring
Look for a response

Acceptable pre-ductal SpO_2
2 min: 60%
3 min: 70%
4 min: 80%
5 min: 85%
10 min: 90%

If no increase in heart rate
Look for chest movement

When the chest is moving
If the heart rate is not detectable or slow (< 60)
Start chest compressions
3 compressions to each breath

Reassess heart rate
every 30 seconds
If the heart rate is not detectable or slow (< 60)
Consider venous access and drugs

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Published October 2010 by European Resuscitation Council Secretariat vzw, Drie Eikenstraat 661, 2650 Edegem, Belgium
Product reference: Poster_10_NLS_01_01_ENG Copyright European Resuscitation Council